

KEEPSAFE CONNECTIONS FOR THE NORTHEAST KINGDOM, VERMONT

<https://nkhs.org/resources/>

- ❖ 988 Suicide and Crisis Lifeline – dial 988 – call, text, or chat
<https://988lifeline.org/>
- ❖ Crisis Text Line: text VT to 741741
- ❖ Vermont Mobile Crisis 1-800-649-0118
- ❖ Vets4Warriors 24/7 Peer Support line 855-838-8255
<https://www.vets4warriors.com/>
- ❖ Veterans Crisis Line 988, then PRESS 1 or text to 838255
<https://www.veteranscrisisline.net/>
- ❖ QPR Institute
<https://qprinstitute.com/>
- ❖ NAMI VT <https://namivt.org/crisis-resources/>
- ❖ The Trevor Project Crisis Hotline 866-4-U-TREVOR (488-7386)
Specifically for Lesbian, Gay, Bisexual and Transgender youth and young adults.
- ❖ Trans Lifeline's Peer Support Hotline – 1-877-565-8860 (US) or 1-877-330-6366 (Canada) Link: <https://www.translifeline.org/hotline>
- ❖ Craftsbury Mental Health Resource Group
www.nevtsuicide.com
- ❖ NKHS Front Porch Mental Health Urgent Care – 1-802-624-4016,
235 Lakemont Road, Newport, VT
- ❖ Call 2-1-1 or check <https://www.vermont211.org/> for local mental health providers and other supports.
- ❖ Designated Agency contact by county :
<https://ddsd.vermont.gov/designated-agencies-listed-countyregion>

**If you suspect an attempt is imminent, an attempt is in progress, or
you are in danger, do not hesitate to call 9-1-1**

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State Wide Resources

Zero Suicide <https://zerosuicide.edc.org/>

Facing Suicide VT <https://facingsuicidevt.com/>

988 <https://988lifeline.org/get-help/>

Man Therapy <https://mantherapy.org/>

Lethal Means Safety

<http://GunSafeVT.org>

<https://www.calmamerica.org/>



Mobile Crisis Community Mental Health Agencies

Addison County
Counseling Service of Addison
County (CSAC)

Tel: (802) 388-7641
www.csac-vt.org

Bennington County
United Counseling Service, Inc.
(UCS)

Tel: (802) 442-5491
www.ucsvt.org

Caledonia County
Northeast Kingdom Human
Services, Inc. (NKHS)

Tel: 800-649-0118
www.nkhs.org

Chittenden County
Howard Center

Tel: 802-488-7777
www.howardcenter.org

Essex County
Northeast Kingdom Human
Services, Inc. (NKHS)

Tel: 800-649-0118
www.nkhs.org

Franklin & Grand Isle Counties
Northwestern Counseling &
Support Services, Inc. (NCSS)

Tel: 802-524-6554 ext. #1
www.ncssinc.org

Lamoille County
Lamoille County Mental Health
Services

Tel: 802-888-5026
www.lamoille.org

Orange County
Clara Martin Center

Tel: 800-639-6360
www.claramartin.org

Orleans County
Northeast Kingdom Human
Services, Inc. (NKHS)

Tel: 800-649-0118
www.nkhs.org

Rutland County
Rutland Mental Health Services

Tel: 802-775-1000
www.rmhsccn.org

Washington County
Washington County Mental
Health Services, Inc. (WCMHS)

Tel: 802-229-0591
www.wcmhs.org

Windham & Windsor Counties
Health Care & Rehabilitation
Services (HCRS)

Tel: 800-622-4235
www.hcrs.org

CALL 988

